



## Keep Bringing It!



Hello Team Right Now!

Happy July 4th to all! I hope everyone has had a restful long weekend. It has been a beautiful 3 days in Chicago. No rain and lots of sun.

This week I posted a couple of great speeches from the 2011 Beachbody Summit. One by Jon Congdon, President, and one by Jeff Hill, SVP of Sales. If you want to really get a sense of what makes this company tick and why they are seeing such great success, have a look at these videos. You can apply their lessons to your current jobs and their passion to your lives.

Many people wonder what there is to do after P90X. When they hear I have been doing it for 18 months, I think many people think I am still doing the original discs. Well there is the graduate program P90X Plus, but what I really like is the 1-on-1s with Tony Horton. There are 3 Volumes of 12 discs each. I have completed Volume 1 and this past week I completed Volume 3. Volume 3 is special because these are the workouts that were the genesis for P90X2. I have full reviews on these 2 volumes. And you can buy just the ones you want, which is nice. I just got Volume 2 in the mail, so you will see those reviews coming as I finish them.

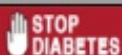
This week, I first heard of FoodFacts.com. It's a very interesting website that shows you how healthy the food is that you eat. My blog is specifically on the unbelievable score Shakeology got. I know I am a Shakeology zealot, but this is literally the best thing you can put in your body. Whether you are looking for weight loss, regularity, or just plain well being, this is the best product on the planet...period. As always, message me for a free sample.

As I approach my 36th Birthday this week, I remind myself that Tony Horton just turned 53. Age is state of mind and if we stay healthy in mind, body, and spirit, we all have a high chance of having the best quality of life possible down the road.

Keep the questions coming team. I am here to help you achieve your goals!

Have a great week.

- Coach Mike



Beachbody® and the American Diabetes Association® are working together to Stop Diabetes.



## What is Team Right Now?

For the newcomers to the newsletter (and to Beachbody), what is TRN all about? After starting P90x in December 2009 and doing other BB workouts, I decided to start coaching others. As a Beachbody Coach, I become a representative for Beachbody and their products. More importantly, I get to share my lessons learned from the programs with others and help them achieve their goals



## Blog Updates This Week



Here is a quick run-down of this week's blogs. For the full versions, just head over to my blog. <http://teamrightnow.com>

If you like the hard work I put into writing my articles and videos, PLEASE help me out by sharing them. Click the share links below them and share them on FB, twitter, etc. It really helps me get more exposure and grow TeamRightNow!

### Patience Yoga Review (1-on-1, Vol 2)

July 4, 2011 - I have given a comprehensive and complete review of Tony Horton's 1-on-1 Volume 1 and Volume 3 series. Now although there will NOT be a Volume 4 (the series is discontinued after Volume 3), I am going back to review all of Volume 2. In case you did not catch my Volume 1...



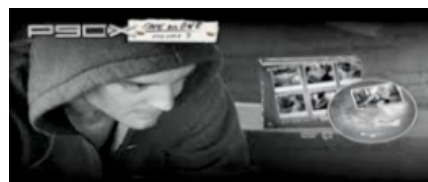
### Jeff Hill Speech



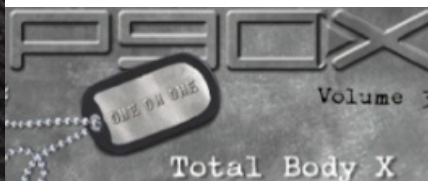
July 3, 2011 - Jeff Hill is the new Senior VP of Sales at Beachbody. When I say new, he joined around 6 months ago. I had a personal phone conversation with him a couple of months back and he is exactly how he is in public or on the coach calls. Just a really nice man who has great...

### One on One, Volume 3 Review

July 2, 2011 - I have given a comprehensive and complete review of Tony Horton's 1-on-1 Volume 1 series. I could not claim that for Volume 3 yet, because they were still being shipped....until now. All 12 discs have shipped and Volume 3 is complete! (And yes, I am working on...



### Total Body X Review



July 1, 2011 - I am sad to report that this is the FINAL One-on-One disc. In this disc, a note came that said the "series has been discontinued." Now with P90X2 coming out later this year I expected a hiatus but not a complete discontinuation. Well, I have purchased the...



## Jon Congdon Speech

June 30, 2011 - On June 17, Jon Congdon, Beachbody President, kicked off the 2011 Beachbody Summit. He had a great 15 minute opening speech. Jon talks about the beginning days of Beachbody. 15 years ago, Jon was a school teacher making a base salary of \$24, 600. He met up with Carl,...



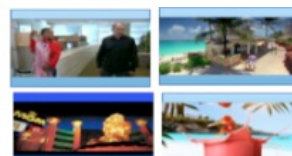
## Shakeology FoodFacts.com Health Score



June 30, 2011 - I had never heard of this website until today. At FoodFacts.com, they determine a health score based on what is in the product. The website states "Find out what's really in your food." They list the ingredients of the food and state the good things, bad...

## 2011 Summit Video Update

June 29, 2011 - The Beachbody back office just got filled with some new videos from summit. I have updated the appropriate blogs, but wanted to ensure everyone was aware of the info. Shakeology Tropical – Official Trailer While I recorded the announcement and trailer it at summit...



# Final Motivation

I think everyone around me is getting tired of hearing about P90X and Beachbody, especially my wife. LOL! Even when I try and avoid the topic, it seems to come up. A couple of weeks ago a customer of mine brought it up in a meeting and we both had to subdue our enthusiasm as everyone was kinda looking in disbelief as were we having this passionate conversation about P90X.

Life Transformations get people excited, especially if you are one of them. When I was at the Beachbody Summit, I think there was so much electricity in the room because everyone has been transformed in one way or another through these programs. And while they may just seem like DVD workouts to those on the outside, they became the vehicle for once or twice in a lifetime change for so many.

Ask someone who has stuck with one of these programs from start to finish. You will see their eyes widen up and excitement fill their being. It's a challenge. A huge challenge. And when you reach the end of the program, you are a different person.

Beachbody coaching has exploded because when people have such a positive change, they want to share it with others. They want those around them that they love and care for to feel the same way. And that is how we pay it forward and share it with others. And when they "Decide", we will be there to support them to "Succeed". And that is what this team is all about.

*Also, as always, remember that the way I benefit from being your coach is that I earn a commission from any Beachbody products that you purchase, as long as you buy them through my site, [www.TeamRightNow.com](http://www.TeamRightNow.com), or by logging in to <http://www.beachbodycoach.com/COACHMIKER7> to do your shopping (If you buy from the plain beachbody site I get no credit). It helps with the amount of time I spend answering all your questions and helping you out. Thank you! I really appreciate it!*

*Mike Roberts*

Independent Beachbody Coach  
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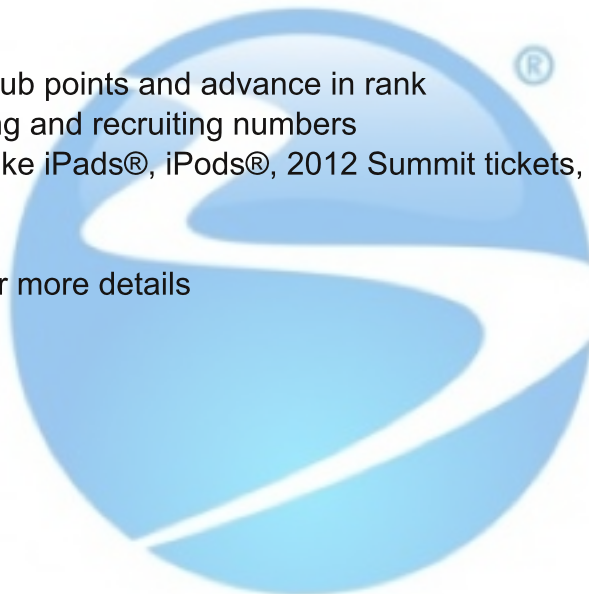
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## Success Club Team Challenge

Introducing the Success Club Team Challenge—this summer's hottest competition. It's the ultimate opportunity for you to team up with other hungry Coaches, encourage and support one another, exchange biz tips, and give your business a shot of adrenaline. This fun 8-week competition will help you maximize the Game Plan and . . .

- \* Rack up Success Club points and advance in rank
- \* Explode your retailing and recruiting numbers
- \* Win sweet prizes—like iPads®, iPods®, 2012 Summit tickets, gear, and more!

Check the back office for more details



Jeff Hill, Sr. VP of Sales



Carl Daikeler, CEO

## 2012 National Summit

The 2012 Summit was announced this week. It will be held at the MGM Grand in Las Vegas on June 22-24! They want to ensure that every single coach that wants to attend can attend. This year had a HUGE waiting list and it is disappointing to not be able to accommodate people. Within 24 hours, the 2012 Summit had enrolled 2500 people, the same amount that had attended this



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