

<p>Consumer safety is top priority at Beachbody®. To ensure that Derm Exclusive delivers great results for all skin types, we've carefully formulated it to exclude any ingredients that are known irritants or whose safety is questionable. Read on to find out more about why we choose NOT to include any of these in our products.</p>	
Derm Exclusive does NOT contain:	Why we don't use them:
Parabens	Parabens are the most widely used preservatives in cosmetic products. They protect against microbial growth and help maintain product integrity. Although the FDA has determined that parabens are safe in cosmetics, many consumers perceive them to be harmful. Beachbody has decided to proactively formulate Derm Exclusive without parabens.
Animal products or animal byproducts (such as lanolin)	There are no known health risks associated with animal products, but we've omitted them from Derm Exclusive due to concerns over animal welfare and potential allergic reactions in sensitive individuals.
Sulfates	Sulfates contribute foaming and lathering properties to cleansing products. The FDA has determined that they're safe, but some consumers believe that sulfates may be harmful, so we've chosen to leave them out of our products.
Hydroquinone	This chemical skin lightener decreases the production of melanin (skin pigment). It also increases your exposure to the sun's UVA and UVB rays, which poses a skin cancer risk. In some users, hydroquinone causes a condition called ochronosis, where the skin becomes dark and thick. And sometimes it destroys all melanin in the skin, leaving behind large white patches.

Formaldehyde	This preservative is found in cosmetics, nail polish, moisturizers, shaving products, and shampoos. Even low levels of formaldehyde can cause skin blisters, dehydrated skin, and irritation of the eyes, nose, and throat.
SD alcohol	SD alcohol is used in cosmetics to help deliver ingredients to the skin's surface. It evaporates almost instantly, which makes it an ideal base for fragrances and toners, but it's very drying to the skin. Fatty alcohols, on the other hand, are actually good for the skin and help to keep the oils in products from separating. (You may see fatty alcohols listed as cetyl, stearyl, and cetearyl alcohol on product labels). Derm Exclusive only contains fatty alcohols, never SD alcohol.
Petroleum-derived ingredients	These chemicals—which include petrolatum, mineral oil, and paraffin—coat the skin, clog pores, and interfere with the body's natural ability to eliminate toxins. They're derived from crude oil and may have potential cancer-causing effects.
Artificial colors	Artificial colorants are made from coal tar and contain heavy metal salts that may deposit toxins onto the skin, causing sensitivity and irritation. Most are regulated by the FDA in cosmetic formulas, and animal studies have shown almost all of them to be carcinogenic (cancer-causing). Beachbody maintains a strict policy not to use artificial colors.
Comedogenic (pore-clogging) ingredients	Comedogenic ingredients are those that have acne-forming tendencies or are known to clog pores and cause breakouts, acne, or blackheads.

<p>Gluten</p>	<p>Gluten is a substance present in cereal grains, especially wheat. It's used in cosmetics as a binder to help ingredients stick together, and is also an emollient in the form of oil. Exposure to gluten may trigger a reaction to those with celiac disease or in gluten sensitive individuals. Any materials used in Derm Exclusive that are derived from oats, wheat, or grain are extracted using a process that provides the benefits without the gluten.</p>
<p>Vitamin E derived from known allergy-causing sources</p>	<p>Vitamin E is found naturally in wheat germ oil, almonds, sunflower seeds, sunflowers, hazelnuts, peanuts, and other sources that contain gluten or can cause allergic reactions. Beachbody has chosen Vitamin E that's derived from nonallergenic plant sources to protect consumers from adverse reactions.</p>
<p>Propylene glycol</p>	<p>This is a form of mineral oil that's found in automatic brake fluid and industrial antifreeze. When used on the skin, propylene glycol helps increase moisture by preventing the escape of water. It's a strong skin irritant and may cause liver and kidney damage.</p>
<p>Phthalates</p>	<p>Phthalates are industrial chemicals used to help products cling to the skin and nails to give them more staying power. They have been found to disrupt hormones, and some studies also link them to liver cancer.</p>
<p>Animal testing</p>	<p>The practice is widely considered to be cruel. Derm Exclusive products are not tested on animals.</p>